

# A man's life is shortened by the hardships endured in searching for Gold Dust while a woman's life is lengthened by using it



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### Some Observations.

There are more people monkeying with the question of what to eat and how to eat it than any one person could keep track of. One of the latest is a set of people who have organized the "Raw Food Society" in Chicago. The president's argument is that "No oak ever grew from a burned acorn; parched corn will never sprout when planted; roasted chestnuts never produced a chestnut tree, nor were peanuts ever grown from planting roasted peanuts. All that is life-giving in anything is destroyed by fire. It was never intended that man should eat food that had been cooked; that he should take into his system dead cells to replace the worn out cells cast off by the body." The above argument may be all right, but it seems a little bit "raw."

Eating at bedtime was formerly considered very injurious; but at the present time it is favored by some of our best physicians, especially for invalids who are troubled with sleeplessness. Food of a simple kind will induce sleep. The sinking sensation felt by those who can not sleep is often simply a call for food, while wakefulness is often a symptom of hunger. Gratify this desire and you will soon fall asleep. The feeble will be stronger at dawn if they partake of light food before going to bed. Some twelve or fourteen hours lie between supper and breakfast, and by that time the fuel of the body has become expended. When prolonged wakefulness attacks us, and our thoughts go hither and yon, and we have no more control over them than the wind, the wisest thing to do is to eat a cracker or two, or a cold biscuit, or some bread and milk; give the stomach something to do, and this will draw the surplus blood from the brain and you will fall asleep.

The Ohio Penitentiary News, a paper edited and published by inmates of the Ohio Penitentiary, contains the following humorous remarks which we give just as they print it, quotation marks and all:

"Criminals can be reformed by simply trusting them. Trust is confidence. By trusting men you bring out the

good that is in them." So thinketh a Pennsylvania man, but the pie men and paper men would quit their jobs in a hurry if they did business here on trust. Trust is all right in the right place. It comes high up in New York City, but they must have it, it seems. We believe our Irish friend Dooley knew his business when he said: "Thrust ivrybody, but cut the cards."

There are many who deem themselves unfortunate who can attribute their trials to foolish indiscretions. They are imprudent in their acts and when the result of their folly is visited upon them they send up a dismal protest and lay it at the door of misfortune. The so-called unfortunate condition is scarce even inevitable. If one be alive to his own best interests at all times he will soon learn that misfortune holds aloof. The person who courts danger and gets bitten is not usually considered a victim of circumstances; he is simply blind to his own interests and when he gets so far along that he is buffeted about by the whirlwind of his own misdeeds the world merely takes a pitying glance and terms him a fool.

The woman stepped inside the station house door and stood looking around the room. It was a pleasant morning, the windows were open, admitting a refreshing breeze, and the trees in front cast a cooling shade over the front of the building. The place seemed more like the comfortable office of a wayside inn than a city police station. The official behind the desk took off his cap and bowed, for the lady was not such as he was wont to receive there. She came over within conventional conversational distance and bowed slightly to the official.

"This is the police station house, isn't it?" she inquired.

"Yes, madam," replied the officer.

"This is where they bring prisoners when they arrest them, isn't it?"

"Yes, madam."

"Do you keep them in there until you are through with them?"

"Oh, no; we lock them up in the cell room."

"Indeed! May I see that?"

"Certainly, madame," and the polite official, bowing, escorted his strange visitor through the heavy door into

### The Cell Room.

It was empty and still and clean, and the fresh air of the morning had gotten in and made it almost attractive in its cool cleanness. She looked around for a minute more.

"Do you shut the prisoners in those iron cages?" She asked.

"Yes, madam."

"We don't feed them. We don't keep them here long enough for that."

"Where do they sleep?"

"On the benches you see in the cell."

"How do you punish them?"

"We don't punish them at all. That is not our part of the business."

She looked surprised.

"Don't you put irons on them, or gag them, or douse them in ice water, or put them in straight jackets, or tie them up by the thumbs, or whip them with cat-and-nine-tails, or shut them in a dark room, or something like that?"

"Certainly not, madam," and it was the official's turn to be surprised.

"That is all," she said, and started for the other room again. Once there she stood by the desk again.

"I have a husband," she said, meditatively rather than didactically.

"Who comes home about five nights a week drunk and disorderly, and I was thinking of having him arrested, as I have stood it about as long as I can."

"You ought to do it, madam, if he is ugly," suggested the official.

"He is ugly," she said, with emphasis.

"No," she said, as she started to leave; "no, I guess I won't. I am much obliged to you for your politeness, but this is altogether too good for him."

### INDIGNANT

Are the Republicans of Macksburg at Actions of Telephone Agent.

Republicans coming from Macksburg on yesterday morning's train complain bitterly of the treatment received from the long distance telephone agent at that place on election night. It was advertised there as elsewhere that election returns would be given free of charge by the telephone company. On election night when the Republicans gathered about the office to hear the returns, they found that the agent, Mr. O. S. Gilchrist, had taken in half a dozen Democratic friends and was refusing to allow any one else to enter the office or to get the returns from the telephone.

Admission was demanded by a Leader correspondent and the Republican Central Committeeman, both of whom wished to send election returns to this city. However, admission was denied, and this in spite of the advertising that returns would be given free.

The Republicans were going to have the returns by all means, however, and by raising a contribution, succeeded in raising the sum of \$10, for which they received the use of the Western Union Telegraph Company's wires.

Taken this month keeps you well all the year. Greatest tonic known. Rocky Mountain Tea, made by Madison Medicine Co. 35c. Ask your druggist.

### A Midwinter Garden.

A number of water-color sketches by Harry Fenn are printed in tints in the November Century, in illustration of a paper by Maurice Thompson, entitled "My Midwinter Garden." The garden is on the coast of the Gulf of Mexico.

A breezy headland curving parallel with the line of a fair horizon; some cat-boats and luggers leaning against the sky; a smell of acacia whisked along in broken puffs; a wandering sound of uncertain quality passing between the white-capped sea and the dusky pine-woods afar; roses tossed about on emerald sprays; great seabirds winging aloft—and I in the midst of this my Midwinter Garden, loafing under a yapon-tree.

Two days ago, at the hour of noon, a snow-storm, an Eskimo wind, the earth frozen to granite solidity, and icicles clinking on the boughs of my Indiana apple-orchard, when our southward flight was begun. We left the blue jays, muffled and ill-tempered, jeering in the bare hedge of bois d'arc at Sherwood Place, where but lately the grackles and robins made a great din on the eve of migration. Two days ago, bear in mind, wrapped to the eyes in fur of otter and seal, gasping against the ringing, frost-spiked strokes of a norther, we gave chase to the migrating thrushes; and now I loiter drowsily by the gulf-side, making note of some gray pelicans striking mullet in the tepid surf-waves five rods from the beach. Beside a wall of shell concrete, crumbling and vine-matted, great rusty yellow oranges still hang on a tree. In the yapon overhead are masses of scarlet berries, temptingly fresh and luscious in appearance, but as bitter as disappointment may be.

The season is winter; a weather report in the morning paper tells of five degrees below zero at some point in Wisconsin, and of a blizzard spinning down from Canada across country to the Wabash and the Kankakee; and yet my nostrils realize what the violets spill and the roses lose in the open air—sweets rarer than summer's best.

### An Important Question.

If your friends or neighbors are suffering from coughs, colds, sore throat, or any throat or lung disease (including consumption), ask them if they have ever used Otto's Cure. This famous German remedy is having a large sale here and is performing some wonderful cures of throat and lung diseases. No matter what other medicines have failed to do, try Otto's Cure. Large sizes 25c and 50c. Sold by all druggists.

### FALLING METEOR

Marked by People About Midnight Monday.

People who happened to be on the streets Monday night about 12 o'clock had their attention drawn to a falling meteor. The star was situated apparently in the Dipper, and fell almost vertically. As the glowing body passed swiftly through the air a long trail of fire was left in its wake, presenting in some respects an appearance similar to a comet. Where the inhabitant of the sky finally found a resting place on this terrestrial globe of ours has not yet been learned.

Diphtheria relieved in twenty minutes. Almost miraculous. Dr. Thomas' Electric Oil. At any drug store.

### "MOSQUITO MALARIA"

Investigations Completed in London Reveal Danger.

Parasite of the Fever Transmitted by a Particular Species of Mosquito—Healthy Persons After Being Bitten Stricken Ill.

"Mosquito malaria" is now monopolizing the attention of British medical men. Investigations completed in London, in which healthy persons allowed themselves to be bitten by insects shipped from Rome, and were promptly stricken with malaria in its most violent form, have demonstrated that a malarial parasite is transmitted by a particular species of mosquito.

Dr. Patrick Manson, the medical adviser of the colonial office, who was the projector of the theory, pointed out in an interview that America has an immediate and vital interest in the mosquito problem. He asserts that in Cuba, Porto Rico and the Philippines, as well as in many of the southern states, there exist tropical conditions peculiarly conducive to the inception and growth of malarial diseases. He adds that unless the American government employs heroic measures the danger will become as infectious as in its native regions in Africa.

"In fact," he said, "America has now to grapple with an evil which has baffled the authorities in England's tropical possessions. The evil cannot be eradicated by radical measures. There must be a positive campaign against malaria-breeding conditions, and fame and fortune awaits the man who will devise either machinery or a system of disinfection which will spell death for the mosquitoes."

Dr. Manson suggests that America's educational system, "which is in some respects in advance of British ideas," ought properly to include a course in elementary hygiene. He says students should be taught the rudimentary principle that parasites flourish wherever stagnant water is permitted to accumulate, and thus children would grow up with the knowledge firmly rooted in their minds that dangerous consequences are sure to follow the neglect of such simple conditions of health.

### LEITER WINS FROM SHEEDY.

Chicagoan Is Said to Be \$25,000 Ahead After a Poker Game in Paris.

Joe Leiter, of Chicago, and Pat Sheedy, formerly of Chicago, met in a game of poker a day or two ago at Paris. A mutual friend introduced them on the boulevard. There was some talk of cards and a recital of how young Mr. Leiter won \$90,000 on a pair of sevens last winter in New York at the Waldorf-Astoria. "I guess I can do you," remarked Sheedy. The pair agreed to meet for blood in the evening. "Say, Pat," said young Leiter, "I'm going to bring \$50,000."

"All right," laughed Sheedy; "I'm only going to draw \$25,000—that's enough to bring your \$50,000 my way."

The play lasted for eight hours. For three hours everything came Sheedy's way. At midnight he was \$15,000 ahead. In the small hours luck changed and he lost so rapidly that his nerve went all to pieces. When they quit Leiter had won all of Sheedy's \$25,000.

### COURTS BRIDE SIXTY YEARS.

An Aged Tennessee Couple Conclude to Wed Before They Die.

After a courtship of 60 years, which holds the wedding record of Tennessee, Elijah Hatcher, 82 years old, and Miss Mary McNamee, two years his junior, were quietly married near Maryland the other day. The bride and groom declined any elaborate preparations, although their friends and relatives desired to make the occasion a festive one. Why the courtship, which was commenced before the Mexican war, was of such duration both Mr. and Mrs. Hatcher declined to state. They simply remarked that they were growing old and thought they had better marry before they died.

### Prince on a Locomotive.

On a recent journey from Salzburg to Munich the prince of Bulgaria took his stand on the footplate of the engine and drove the train himself. He made the engine driver a present of 60 francs and the fireman one of 30 francs. In a letter from the administration of the Bavarian railways to the Bulgarian court it was pointed out that the acceptance of these gifts was against the rules of the service and that, further, the engine driver had no right to permit a stranger on the engine. The conductor of the train, it was added, was also to blame for not having drawn the attention of the prince to this regulation.

### Chasing Bull Cane Away.

The New York man who experimented on his face with a chemical preparation warranted to remove the beard without a razor has acquired some information of the action of certain acids on the human cuticle which will be of advantage to other adventurers as well as himself. This would be a dull world, indeed, says the Chicago Chronicle, if nobody had any curiosity and everybody had sense.

### A Chance Shot.

A man was killed in a French duel a few days ago, and the Chicago Times-Herald thinks the other fellow's gun probably went off half-cooked.

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